



GLOBAL CLEVELAND

Covid-19 Vaccine

URUPAPURO RWUKURI RWINKINGO:



IBYEREKEYE URUKINGO:

- Urukingo rwa Covid-19 ruzakurinda guhura n'indwara zikomeye kubera Covid-19.
- Urukingo rutangwa mu byiciro bibiri, ibyumweru 3-4 bitandukanye. Ingano zombi zigomba kwakirwa kugirango urukingo rukore.
- Urukingo rwa Covid-19 ntirurimo virusi nzima kandi ntirugira ibyago byo gutera indwara ku muntu wakingiwe.

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IBIBAZO BISANZWE:

- **Nkeneye kubona urukingo niba narimfite Covid-19?**

Yego. Ibimenyetso byambere byerekana ubudahangarwa bwo kugira COVID-19 ntibishobora kumara igihe kinini, ariko birakenewe ubushakashatsi bwinshi kugirango ubyumve neza. Ariko, abafite COVID-19 bagomba gutinza inkingo kugeza muminsi 90 uhereye kwisuzumisha. Baza muganga wawe kugirango wumve neza igihe ugomba kwakira urukingo.

- **Hariho ingaruka zikomeye z'urukingo rwa Covid-19?**

Gusa mubihe bidasanzwe hariho ingaruka zikomeye zinkingo ya COVID-19. Abantu bagera kuri 15% bahuye nibimenyetso byigihe gito aho batewe inshinge, naho 50% bagaragaza uburyo bwa sisitemu nko kubabara umutwe, gukonja, umunaniro cyangwa ububabare bwimitsi cyangwa umuriro umara umunsi umwe cyangwa ibiri. Izi ngaruka mbi zerekana ko sisitemu yumubiri wawe yitabira urukingo, kandi nibyo birakora!

- **Nkeneye kwambara mask nyuma yo gukingirwa?**

Yego. Urukingo rwa Covid-19 rwakozwe kandi rusuzumwa ku bushobozi bwarwo bwo kwirinda indwara zikomeye n'urupfu rwa Covid-19. Ntibiramenyekana neza niba uru rukingo ruzarinda kwandura indwara no gukwirakwira, bityo ukaba ushobora gukwirakwiza virusi utiyumvamo ibimenyetso nyuma yo kubona urukingo.

- **Niki nkeneye kubwira uwankingira inkingo?**

Niba ufite:

- Allergie
- Umuriro
- Indwara yo kuva amaraso cyangwa gukoresha ibinure byamaraso
- Niba udafite ubudahangarwa cyangwa ufata imiti igira ingaruka kumubiri wawe
- Niba utwite, teganya gusama, cyangwa konsa
- Yakiriye urundi rukingo rwa Covid-19



IGIHE CYAGENWE MURI OHIO:

Ihuza ririmo amashusho yicyiciro cya Ohio cyo gukwirakwiza urukingo, rumaze guhindurwa!

www.coronavirus.ohio.gov/wps/portal/gov/covid-19/covid-19-vaccination-program



INKOMOKO:

www.mayoclinichealthsystem.org/hometown-health/featured-topic/covid-19-vaccine-myths-debunked

www.health.clevelandclinic.org/8-common-covid-19-vaccine-myths-explained/

IMBUGA NKORANYAMBAGA RUSANGE COVID POST (IMAZE GUSOBANURWA):

www.fda.gov/consumers/minority-health-and-health-equity/covid-19-social-media-toolkit

#InThisTogetherOhio

#MasksOnOhio

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