

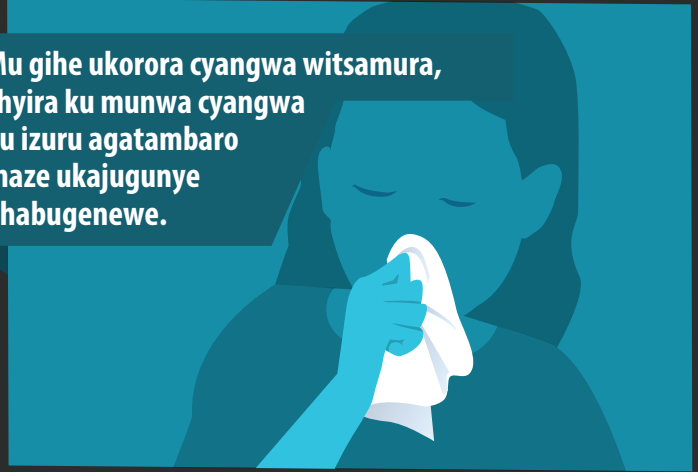
Hagarika ikwirakwira ry'udukoko

Gira uruhare mu kurwanya ikwirakwira ry'indwara z'ubuhumekero nka COVID-19.

Irinde kwegera abantu barwaye.



Mu gihe ukorora cyangwa witsamura, shyira ku munwa cyangwa ku izuru agatambaro maze ukajugunye ahabugenewe.



Sukura kandi utere umuti wica udukoko kenshi ku bikoresho n'ahantu hakunda gukorwaho.



Irinde kwikora ku maso, ku izuru no ku munwa.

Mu gihe uri mu bantu, ambara agapfukamunwa.



Guma mu rugo igihe urwaye, uvemo igihe ugiye gushaka serivisi z'ubuvuzi.



Karaba intoki kenshi ukoresheje amazi meza n'isabune nibura mu gihe kingana n'amasegonda 20.

